



# TOWARDS A BETTER UNDERSTANDING OF THE NEUROBIOLOGICAL AND CLINICAL PATHWAYS OF MENTAL DISORDERS

**Date:** February 9<sup>th</sup> , 2026

**Location:** Cittadella Universitaria di Monserrato, University of Cagliari (UniCA), Italy

**Organizers:** Paola Fadda, Alessio Squassina Department of Biomedical Sciences, Mirko Manchia Department of Medical Sciences and Public Health - UniCA;

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(please: to both email addresses together)



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February 9, Monday

9:00-9:15	<p><b>Introduction from the Hosts</b>            Prof. Mirko Manchia, Prof. Alessio Squassina            Prof. Paola Fadda            (in her role as the person Responsible for the UniCA Unit, Partner of the TNE project)</p> <p><b>and from local authorities</b>            (Prof. Paola Fadda, Pro-rector of the University Campus, Monserrato (CA))</p>
9.15–10.15	<p><b>Staging of Bipolar Disorder: Preliminary Results from the PNRR ‘Boarding Pass’ Study</b>            Prof. Bernardo Dell’Osso, University of Milan, Italy</p>
10.15–11.15	<p><b>Stress Neurobiology: Molecular Insights and Translational Approaches</b>            Dr. Juan Pablo Lopez, Department of Neuroscience, Karolinska Institute, Stockholm, Sweden</p>
11.15–11.45	<p><b>Break</b></p>
11:45–12:45	<p><b>Body and Mind: Precision medicine and person-centered care in mental disorders</b>            Dr. Katerina Horska, Dept. Clinical Pharmacy, Hospital Pharmacy, Dept. Psychiatry, Univ. Hospital and Masaryk University, Dept. Pharmacology and Toxicology, Masaryk University, Brno (CZ).</p>
12:45–13.30	<p><b>Questions &amp; Discussion</b></p>



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