



# TOWARDS A BETTER UNDERSTANDING OF THE NEUROBIOLOGICAL AND CLINICAL PATHWAYS OF MENTAL DISORDERS

**Date:** February 9<sup>th</sup> , 2026

**Location:** Cittadella Universitaria di Monserrato, University of Cagliari  
(UniCA), Italy

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**February 9, Monday**

<b>9:00-9:15</b>	<p style="text-align: center;"><b>Introduction from the Hosts</b>  Prof. Mirko Manchia, Prof. Alessio Squassina  Prof. Paola Fadda  (in her role as the person Responsible for the UniCA Unit, Partner of the  TNE project)</p> <p style="text-align: center;"><b>and from local authorities</b>  (Prof. Paola Fadda, Pro-rector of the University Campus, Monserrato (CA))</p>
<b>9.15–10.15</b>	<p style="text-align: center;"><b>Staging of Bipolar Disorder: Preliminary Results from the PNRR ‘Boarding Pass’ Study</b>  Prof. Bernardo Dell’Osso, University of Milan, Italy</p>
<b>10.15–11.15</b>	<p style="text-align: center;"><b>Stress Neurobiology: Molecular Insights and Translational Approaches</b>  Dr. Juan Pablo Lopez, Department of Neuroscience, Karolinska Institute,  Stockholm, Sweden</p>
<b>11.15–11.45</b>	<b>Break</b>
<b>11:45-12:45</b>	<p style="text-align: center;"><b>Body and Mind: Precision medicine and person-centered care in mental disorders</b>  Dr. Katerina Horska, Dept. Clinical Pharmacy, Hospital Pharmacy, Dept.  Psychiatry, Univ. Hospital and Masaryk University, Dept. Pharmacology  and Toxicology, Masaryk University, Brno (CZ).</p>
<b>12:45-13.30</b>	<b>Questions &amp; Discussion</b>